



Living Books Curriculum

www.livingbookscurriculum.com

A Charlotte Mason education for the 21st century

FOUNDATION YEAR SAMPLE

Greetings in the name of Jesus!

This two-week sample of the week-by-week portion of our teaching guide will give you an idea of the type of lessons and reading your child might do each week. However, since Living Books Curriculum is based on Charlotte Mason's methods for educating children, the lessons or reading assignments are a part of a larger picture of learning. "Education is an atmosphere, a discipline, a life," as Ms. Mason put it. Imagine the sample work as based on a home setting that supports learning, directs in the discipline of good habits and guides the student to take up ideas that lead to a lifelong love of learning.

To learn more about our methods and Charlotte Mason's work:

<http://www.livingbookscurriculum.com/teachingmethods-intro.htm>

We also recommend you purchase our short guide; *Teaching Less While Your Child Learns More: An Introduction to Charlotte Mason education*

<http://www.livingbookscurriculum.com/lbp-books.htm#teachless>

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PART 5: WEEK-BY-WEEK TEACHING GUIDE

Week 8

Bible Study

The Child's Story Bible; Chapters 15 & 16
Review Chapters 9-16

Mathematics

Choose activity from *Math Play: Eighty ways to count and learn*;
Early Bird Pre-School Mathematics (1A): Lessons 16, 17 & 18

Language Arts (alternate days)

Storytelling: Select a finger play from *Finger Plays (Part Two)* or *Mother Goose* rhyme.

Reading Aloud: Select a story from *20th Century Children's Book Treasury* or *The Complete Tales and Poems of Winnie the Pooh*.

Pre-Reading/Writing Activities: Continue with Alphabet Card Game (See Week 6).

Music and Movement (alternate days)

Exploring and identifying sounds: Discuss differences between natural and man-made sounds. Have children take walk in schoolyard, listening for both kinds of sounds.

Alternate anchored and non-anchored movement: For Weeks 1-10 encourage children to explore and discover both forms of movement (See p. 412-417, "Movement" for suggestions).

Art (alternate days)

Drawing: See "Crayon Rubbing" in *Preschool Art: It's the Process Not the Product*, (p. 20).

Weekly checklist for using the
Six Tools of Learning

- Narration
- Literature
- Storytelling
- Nature Study
- Short Lessons
- Local Resources

Week 8, cont.

Picture Study (alternate days)

Use the *Come Look With Me* series. Choose one picture per week. Spread the discussion questions over two Picture Study sessions per week. In between times, leave the book open to the picture in a place where the child can see it. Note which picture you used during which week.

Nature Study

Select any topic from *Handbook of Nature Study*. Take frequent walks outdoors for the experience of observing nature. *Nature Journal* (See Notes Week 6).

Science (alternate days)

Well-being > hygiene: demonstrate and discuss and (if possible) make a game of the customs of cleanliness. Do play-acting of correct behaviors of washing self, dishes, and clothes and of tidying up room or belongings.

Geography (alternate days)

Locate hill country on map. Describe and (if possible) show pictures of people doing activities in the hilly regions. Explain difference between a mountain and a hill.

PART 5: WEEK-BY-WEEK TEACHING GUIDE

Week 9

Bible Study

The Child's Story Bible; Chapters 17 & 18

Mathematics

Choose activity from *Math Play: Eighty ways to count and learn*;
Early Bird Pre-School Mathematics (1B): Lessons 1, 2, & 3 (See notes)

Weekly checklist for using the
Six Tools of Learning

- Narration
- Literature
- Storytelling
- Nature Study
- Short Lessons
- Local Resources

Language Arts (alternate days)

Storytelling: Select a finger play from *Finger Plays* (Part Two) or *Mother Goose* rhyme.

Reading Aloud: Select a story from *20th Century Children's Book Treasury* or *The Complete Tales and Poems of Winnie the Pooh*.

Pre-Reading/Writing Activities: Purchase frozen bread dough, thaw and make "worm". Help child to make letters with dough worm. Then bake and eat (yum).

Music and Movement (alternate days)

Exploring and identifying sounds: Sing songs that have range of sounds; ask children to identify high and low, fast and slow sounds.

Alternate anchored and non-anchored movement: For Weeks 1-10 encourage children to explore and discover both forms of movement (See p. 412-417, "Movement" for suggestions).

Art (alternate days)

Drawing: See "More Rub-a-Dub" in *Preschool Art: It's the Process Not the Product* (p. 21).

Week 9, cont.

Picture Study (alternate days)

Use the *Come Look With Me* series. Choose one picture per week. Spread the discussion questions over two Picture Study sessions per week. In between times, leave the book open to the picture in a place where the child can see it. Note which picture you used during which week.

Nature Study

Select any topic from *Handbook of Nature Study*. Take frequent walks outdoors for the experience of observing nature. *Nature Journal* (See Notes Week 6).

Science (alternate days)

Well-being > food: Show pictures (if possible, if not, describe) of different foods. Discuss which are healthy for you; which are not. Do "Snack Graphing" (p. 119) of *Mudpies to Magnets: A preschool science curriculum*.

Geography

Locate a jungle (rain forest) area. Explain difference between jungle and grasslands. Show pictures of people doing activities in and around tropically forested area, if possible.

Notes: Week 9

Mathematics

Look at the shapes that we have been using, and make small medium and large versions of each—that is, circle, $\frac{1}{2}$ circle, triangle, square, rectangle, hexagon (6-sided) and octagon (8-sided). Ask child to identify sizes. For example, ask child to identify the large circle, or the small triangle, and so on. Then have child cut out shapes.

Last of all, for fun, take all the shapes your child has cut out and make a “shapes and letter board”, that is, have your child trace a letter of the alphabet in each of their shapes and pin all up on the wall (or board, or whatever works).

PART 5: WEEK-BY-WEEK TEACHING GUIDE

Week 10

Bible Study

The Child's Story Bible; Chapters 19 & 20

Mathematics

Choose activity from *Math Play: Eighty ways to count and learn*;

Early Bird Pre-School Mathematics (1B): Lessons 4, 5, & 6

Language Arts (alternate days)

Storytelling: Select a finger play from *Finger Plays (Part Two)* or *Mother Goose* rhyme.

Reading Aloud: Select a story from *20th Century Children's Book Treasury* or *The Complete Tales and Poems of Winnie the Pooh*.

Pre-Reading/Writing Activities: Do cornmeal tray again. Ask the child to say the sound and name of the letter while tracing.

Music and Movement (alternate days)

Exploring and identifying sounds: Discuss "pitch" in voice and imitate a man's, woman's, and child's voice; discuss other pitches used to convey emotion (anger, love, sadness, etc.). Do rhyme that your child knows well in different pitches.

Alternate anchored and non-anchored movement: For Weeks 1-10 encourage children to explore and discover both forms of movement (See p. 412-417, "Movement" for suggestions).

Art (alternate days)

Drawing: See "Body Trace" in *Preschool Art: It's the Process Not the Product* (p. 22).

Weekly checklist for using the
Six Tools of Learning

- Narration
- Literature
- Storytelling
- Nature Study
- Short Lessons
- Local Resources

Week 10, cont.

Picture Study (alternate days)

Use the *Come Look With Me* series. Choose one picture per week. Spread the discussion questions over two Picture Study sessions per week. In between times, leave the book open to the picture in a place where the child can see it. Note which picture you used during which week.

Nature Study

Nature Journal (See Notes, Week 6). Select any topic from *Handbook of Nature Study*. Take frequent walks outdoors for the experience of observing nature.

Science (alternate days)

Well-being > good eating habits: Discuss chewing food well and its importance for digestion. Make snack time science time. Practice slow chewing and good manners. Do "Orange you glad they're not all alike?" (p. 110) in *Mudpies to Magnets: A preschool science curriculum*.

Geography

Locate coastal towns. Remind them of discussion about seacoasts. Show pictures of life in and around coastal towns. Read chapter 5 of *History for Little Pilgrims* and do activity, p. 35.

PART 5: WEEK-BY-WEEK TEACHING GUIDE

Week 11

Bible Study

The Child's Story Bible; Chapters 21 & 22

Mathematics

Choose activity from *Math Play: Eighty ways to count and learn*;
Early Bird Pre-School Mathematics (1B): Lessons 7, 8, & 9

Weekly checklist for using the
Six Tools of Learning

- Narration
- Literature
- Storytelling
- Nature Study
- Short Lessons
- Local Resources

Language Arts (alternate days)

Storytelling: Select a finger play from *Finger Plays (Part Two)* or *Mother Goose* rhyme or *Aesop's Fables* with the child. Repetition of previous rhyme is beneficial. Let child retell with the aim of increasing skill in telling and listening. Praise all efforts.

Reading Aloud: Select a story from *20th Century Children's Book Treasury* or *The Complete Tales and Poems of Winnie the Pooh* .

Pre-Reading/Writing Activities: Print the story the child retells above. Read it back to the child pointing to the words as you read.

Music and Movement (alternate days)

Exploring & identifying sounds: Have child close his eyes and guess the sound. Make sounds with voice, objects and/or musical instruments.

Moving with objects: Create and decorate a music and movement box with simple objects to interact with while moving with or without music. Weeks 11-15, add new materials to this box. See p. 419, "Movement," for directions.

Art (alternate days)

Drawing: See "Mark Making" in *Preschool Art: It's the Process Not the Product* (p. 23).